

DANCE EDUCATION CENTRE

Message from the Principal



The first thing I would like to say to you all is **THANK YOU** from the bottom of my heart, the support you have given us over the year has been phenomenal.

The weeks of zoom classes have been extremely well received, we learnt a lot during the first lockdown and changed much of our teaching during the second lockdown, the pupils were able to learn things in a different way whilst ensuring they had fun. We are always constantly assessing how and what we teach and if we could do better, because we really do care about your children and their mental wellbeing and I should say that as a teacher it is A LOT harder to teach on zoom but seeing all their smiley faces and their progress makes it all worthwhile.

The news from Downing Street is very positive and we are really excited about starting our face to face classes again on 19th April if all goes to plan. All Covid-19 procedures will still be in place until we are told otherwise. We would like to give the children something to look forward to, so we are planning a performance in July as well as ISTD exams, more details along with information about the upcoming term are all included in this newsletter. We are so looking forward to seeing you all again in person and getting back to a little normality.

Lockdown 3.0

We have been very busy during Lockdown 3.0, we started our first 4 week block of classes and our younger students all learnt a dance which was then filmed and sent to each family.

They all dressed up and made their own props and were very excited about being filmed. We hope they will treasure the memories for years to come.

DOLL ON A MUSIC BOX



Our seniors have also been working extremely hard on improving their technique ready to come back into the studio.

We can't wait to see everyone in person after Easter!



AT A GLANCE

Term Dates

Term Begins Monday 19th April
No Classes Monday 3rd May
Half Term Saturday 29th May - Sunday 6th June
End of Term Monday 12th July

2021 Show

In the Spotlight
Sunday 4th July 2021
Addlestone Community Centre

ISTD Exams

We have provisionally booked
Tuesday 13th - Friday 16th July 2021

2022 Show

Our 10th Anniversary Show at
Rhoda McGaw Theatre
16th-22nd Oct 2022
23rd-29th Oct 2022

MARCH 2021

Signing up for Summer Term 2021

As we have limited spaces in classes, please sign up for the Summer Term by completing the Google form and pay a deposit of £10 per class into the usual bank account to secure your place, this deposit will then be deducted from your summer term invoice.

All fees will return to our usual pricing structure and discounted the more classes you take.

Any credits on your account will be deducted from your first invoice and the usual 5% discount will then be applied for invoices paid within 2 weeks of the invoice date.

PLEASE NOTE:- Adult classes continue online until 16th May and will continue on the reduced rate of £5.00 per lesson until in-person classes commence.



DANCE EDUCATION CENTRE SUMMER TIMETABLE 2021



Monday	Tuesday	Wednesday	Thursday	Thursday	Saturday	Saturday
St James Hall	St James Hall	St James Hall	St James Lodge	St James Hall	St James Hall	St James Lodge
SAM	AMANDA	SAM	SAM	MEL	AMANDA	TESSA/CIARA
Junior Acro 4.45pm-5.45pm	Primary Ballet 4.15pm - 4.45pm	***Grade 1 Tap*** 4.30pm-5.00pm	Grade 5 Stretch and Conditioning (chloe, katie, Helena) 4.25pm-4.55pm	Grade 2 Ballet 4.10pm-4.55pm	Pre-Primary Tap & Ballet 9.00am-9.45am	
Senior Acro 6.00pm-7.00pm	Primary Tap 4.45pm - 5.15pm	Free work Grade 5&6 Ballet 5.15pm-6.15pm	Junior Stretch and Conditioning (zoom link available) 5.00pm-5.40pm	Grade 5 Modern 5.00pm-5.45pm	Primary Tap 10.00am - 10.30am	
Zoom -19th Apr - 10th May St James Lodge 17th May	JESS	Senior Stretch and Conditioning (Zoom link available) 6.15pm-7.15pm	Grade 5 Stretch and Conditioning (Issy, Tamsin, Lily, Hanna) 5.50pm-6.20pm	Inter Stretch and Conditioning (compulsory) 5.50pm-6.20pm	Primary Ballet 10.40am - 11.25am	
Advanced Adult Tap 7.15pm-8.15pm	Street Dance 5.25pm-6.10pm	AMANDA	Grade 5 Tap 6.25pm-7.10pm	Inter Modern 6.20pm-7.20pm	Grade 1 Ballet & 2 Modern Combo 11.35am-12.35pm	Primary Acro 11.30am-12.00pm
	MEL	Contemporary 7.20pm-8.20pm	Zoom -22nd Apr - 13th May St James Lodge 20th May	Grade 6 Ballet 7.20pm-8.20pm	Grade 1 Tap 12.35pm-1.05pm	
	Grade 5 Ballet 6.30pm-7.15pm		Beg/Inter Adult Tap 7.30pm-8.15pm	Grade 6 Pointe Class 8.20pm-8.50pm	Grade 2 Tap 1.15pm-2.00pm	
	Grade 5 Ballet Pre-Point 7.15pm-7.35pm				Grade 3 Modern 2.00pm-2.45pm	
	Advanced 1 Tap 7.45pm-8.45pm					

Our Uniform Shop is Open

Order now and we will deliver to your door.



[HTTPS://DANCE-EDUCATION-CENTRE1.FWSCHECKOUT.COM](https://DANCE-EDUCATION-CENTRE1.FWSCHECKOUT.COM)

Now that we are getting back to face to face classes, please check your uniform still fits and remember that we do require ballet shoes to be worn for all modern and ballet classes and grippy socks for acro. Our uniform shop is still online and open. We are currently offering a free delivery service.

We also have some secondhand stock and have a tap shoe exchange service for a donation of £1 if you are swapping the same type of shoes. The donation will go towards our charity Breast Cancer Now.

Stretch & Conditioning Classes



For all our pupils the classes will also help improve their dancing, there is a certain amount of flexibility and strength required and as your child moves up the grades they will need to sustain that flexibility. As bodies change during adolescence, flexibility will often reduce and therefore your child will need to continually work to maintain it. With this in mind we have decided to include a mandatory stretch and conditioning class for students in the upper modern grades and would like to encourage your child to take all the conditioning classes we offer regardless of the dance genre they are studying with us. We have tried to timetable the classes to suit as many children as possible who are already attending but also to evenly distribute the classes during the week. Please remember that for some children who partake in more than 5 hours of classes these classes will be 'free'.

We can not emphasise enough just how important the Stretch and Conditioning classes are, not just to improve a dancer's abilities but also for general every day fitness. We, as a society, spend so much more time in front of a screen or sitting at a desk that we are less active than our ancestors. These classes aim to improve your child's cardiovascular system, muscular strength and flexibility and along with this there will be an increase in endorphines which are great for mental health too. Taking these classes will mean that your child will be stronger and more flexible which will mean less injuries occurring in every day life.



MARCH 2021



ISTD Exams

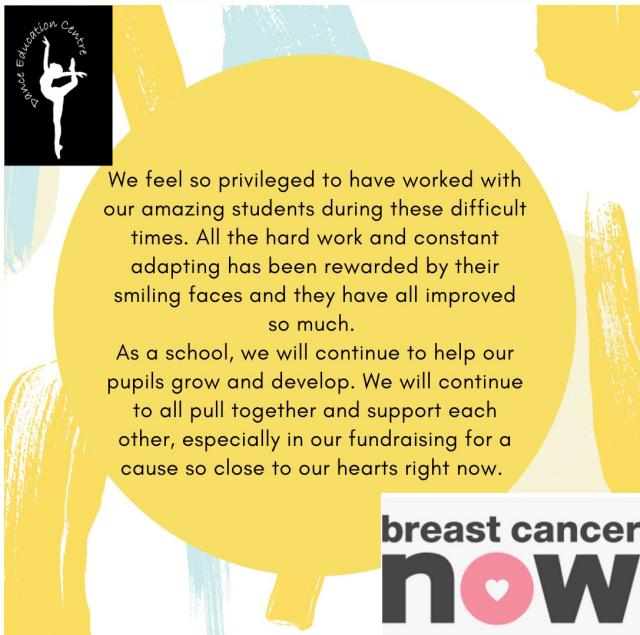
We are aware that many of our pupils have missed out on exams in the last year, so we will be entering as many as possible in July 2021, December 2021 and March 2022. We will be assessing the children when we return in April and will be sending the information out soon after this.

PLEASE NOTE:- the exams are not mandatory and if your child is ready and chooses not to take the exam they will still move up to the next grade with the rest of the class.

In the Spotlight 2021

We have booked Addlestone Community Centre on **Sunday 4th July 2021** and we will be putting on 2 shows in the one day to celebrate being able to dance together again. The logistics for this, as you can imagine, are a little bit complicated this year, but we are determined that the children have a chance to perform.

We are planning for a live performance with an audience, but have the option to film it if this is not possible, so please save the date and we will be asking you to put your childs name down to take part. We will also be raising money for our chosen charity Breast Cancer Now



MORE DETAILS TO FOLLOW

MARCH 2021

FUNDRAISING UPDATE

As you will all know, we are fundraising for a cause close to our hearts this year, Breast Cancer Now that undertakes world class research and provides life-changing care and support.

So far this year we have had a fabulous **Quiz Night** congratulations to the Nowell Family for being worthy winners of the £25 Waitrose & John Lewis Voucher.

We then had our **Dance-a-thon** on Saturday 20th February and **Eva Forster** raised an incredible £642.84!!!

Our TOTAL so far is an amazing

£1328

Thank you to everyone who has supported us so far, more events will be coming soon!

BREAST CANCER NOW The research & care charity



**QUIZ
NIGHT**

COMMENTS ON ZOOM

Sophie loved the class this morning. It was very well organized. She definitely wants to continue.

I thought it was an excellent session this morning. Impressive concentration from the little ones, effective remote tuition and lots of fun. Roll on princess week

We had our first zoom adult tap with Sam yesterday and it was fantastic. The structure of the class was brilliant and it felt like genuine value-added. Just wanted to say so!

THANK YOU SO MUCH (AND LOVELY MISS AMANDA) FOR YOUR ENTHUSIASM AND EFFORT IN CONTINUING THE CLASSES AND MAKING THEM SUPER FUN FOR THE KIDS. ALSO FOR TAKING THE STEPS NECESSARY TO ENSURE EVERYONE IS SAFE

Your Feedback

Your lessons are amazing. Thank you so much. You must be exhausted afterwards but they are magical. Thank you for making lockdown bearable.

COMMENTS LIKE THIS MAKE OUR DAY.

CHILDRENS MENTAL HEALTH WEEK